



# Sleep & Health Zurich - Annual Symposium 2023

Thursday, May 11<sup>th</sup>, 2023

From 9:00 to 12:00 AM

## Ambassador Conference House

Auditorium 5

Thurgauerstrasse 101 A

8152 Glattpark

No registration required



Universität  
Zürich <sup>UZH</sup>

# Program

Moderation: PD Esther Werth, PhD, University Hospital Zurich, University of Zurich

**09:00 Welcome and Symposium Opening**

PD Esther Werth, PhD (Opening)

Prof. Reto Huber, PhD (Introduction), University Children's Hospital

**09:10 The circadian clock, light and mood in the mouse**

Jürgen Ripperger, PhD, University of Fribourg

**09:40 In the right place at the wrong time: SCN contribution to sleep and wake behavior around the 24-hour day**

Konstantinos Kompotis, PhD, University of Zurich

**10:10 Coffee Break**

Moderation: Prof. Salome Kurth, PhD, University of Fribourg, University of Zurich

**10:40 How can light impact sleep?**

Mirjam Münch, PhD, University Psychiatric Clinics Basel

**11:10 Sleep and Parkinson Disease: from bedside to bench and back!**

Daniela Noain, PhD, University Hospital Zurich

**11:40 Sleep & Health Zurich Junior Award 2023**

**12:00 END**

**12:30 General Assembly and Business Meeting, Sleep & Health Zurich (one hour)**

**CME Credits: 2.5 SGSSC**

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