Sleep & Health Symposium 2019
Farewell Peter Achermann

Thursday, April 4, 2019

Careum, Auditorium 2
Pestalozzistrasse 11
8032 Zürich
<table>
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<tr>
<th>Time</th>
<th>Session</th>
<th>Speakers</th>
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<tr>
<td>08:30</td>
<td>Welcome and Symposium Opening</td>
<td>Prof. Hans-Peter Landolt, PhD, Prof. Jean-Marc Fritschy, PhD</td>
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<tr>
<td>08:40</td>
<td>Sleep Regulation Across Early Childhood: A Decade of Connecting the Dots</td>
<td>Prof. Monique LeBourgeois, PhD</td>
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<td>09:10</td>
<td>Sleep Homeostasis and Circadian Rhythmicity Revisited</td>
<td>Prof. Derk-Jan Dijk, PhD</td>
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<td>09:40</td>
<td>Local and Global Aspects of Sleep Oscillations</td>
<td>Prof. Vlad Vyazovskiy, PhD</td>
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<td>10:10</td>
<td>Coffee Break</td>
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<td>10:30</td>
<td>Cellular Regulation of Sleep and Clocks</td>
<td>Prof. Steven Brown, PhD</td>
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<td>11:00</td>
<td>Chronobiology, a Modeling Approach</td>
<td>Prof. Domien Beersma, PhD</td>
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<td>11:30</td>
<td>Adolescent Sleep: Between a Clock and a Hard Place</td>
<td>Prof. Mary Carskadon, PhD (Introduction by Prof. Oskar Jenni, MD)</td>
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<td>12:00</td>
<td>Laudatio for Prof. Peter Achermann</td>
<td>Prof. Alexander Borbély, MD, Prof. Irene Tobler, PhD</td>
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<td></td>
<td>Thirty Years of Quantitative Sleep EEG Analyses and Modeling</td>
<td>Prof. Peter Achermann, PhD</td>
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<td>12:30</td>
<td>Farewell Cocktail</td>
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**Organisation**
Sleep & Health Zurich
Center of Competence, UZH

**Contact**
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Speakers

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University of Colorado Boulder, USA

Prof. Irene Tobler  
Institute of Pharmacology and Toxicology, UZH

Prof. Dr. Vlad Vyazovskiy  
Department of Physiology  
Anatomy and Genetics, Oxford University, UK
Venue

Careum, Auditorium 2
Pestalozzistrasse 11, 8032 Zürich

Public Transport
Tram number 5 or 6, Station Platte