



Sleep & Health Seminar

Date	Time	Venue	Host	Speaker	Title
15/09/23	12.15 - 13.15	online	Dr. Esther Werth	Dr. Stefan Lakämper Institute of Forensic Medicine, University of Zurich	tDS-MWT – towards an improved tool for the assessment of the effect of excessive daytime sleepiness on the fitness to drive - furnishing the maintenance of wakefulness test with much improved ecological validity by way of transferring it to a driving simulator.
03/11/2023	12.15 - 13.15	online	Dr. Konstantinos Kompotis	Dr. Yevgenia Rosenblum Sleep and Memory Lab Donders Institute for Brain, Cognition and Behaviour Radboud University	Fractal cycles of sleep: a new aperiodic activity-based definition of sleep cycles
01/12/2023	12.15 - 13.15	online	Dr. Konstantinos Kompotis	Prof. Leila Tarokh University Hospital of Child and Adolescent Psychiatry and Psychotherapy, University of Bern	Sleep in Adolescent Depression: From physiology to treatment
12/01/2024	12.15 - 13:15	in person	Dr. Konstantinos Kompotis	Prof. Hiroki Ueda Systems Pharmacology, Graduate School of Medicine & Laboratory for Synthetic Biology, Center for Biosystems Dynamics Research, RIKEN University of Tokyo	Towards Human Systems Biology of Sleep/Wake Cycles: Phosphorylation Hypothesis of Sleep
02/02/2024	12.15 - 13.15	online	Dr. Angelina Maric	Prof. Darius Zifonun/Dr. Svenja Reinhardt Institute of Sociology, University of Marburg	The Hypnogram and the Objectification of Sleep: Generating and Presenting Sleep in the Sleep Laboratory

Organization:

Center of Competence Sleep & Health Zurich

www.sleep.uzh.ch

Contact:

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Fall Semester 2023

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